Instructions: Write a mini “autobiography,” an account of your life... that can be read/presented in under five minutes. Only include information you’re comfortable sharing with your peers.

Ideas: Where were you born? Where have you lived? What did you want to be when you grew up? What jobs have you had? Any major accomplishments? Any special talents/skills? When did you start using? Low points? Have you hit your “bottom”? Any turning points in your life? Future goals?